

**California Large Group Annual Aggregate Rate Data Report Form**  
**Version 2, August 31, 2016**

*(File through SERFF as a PDF or excel. If you enter data on a Word version of this document, convert to PDF before submitting the form. SERFF will not accept Word documents.  
Note "SB 546 Large Group Annual Aggregate Rate Data Report" in the SERFF "Filing Description" field)*

The aggregate rate information submission form should include the following:

- 1) Company Name (Health Plan)
- 2) Rate Activity 12-month ending date
- 3) Weighted Average Rate Increase, and Number Enrollees subject to rate change
- 4) Summary of Number and Percentage of Rate Changes in Reporting Year by Effective Month
- 5) Segment Type
- 6) Product Type
- 7) Products Sold with materially different benefits, cost share
- 8) Factors affecting the base rate
- 9) Overall Medical Trend
- 10) Projected Medical Trend
- 11) Per Member per Month Costs and Rate of Changes over last five years  
*-submit CA Large Group Historical Data Reporting Spreadsheet (Excel)*
- 12) Changes in Enrollee Cost Sharing
- 13) Changes in Enrollee Benefits
- 14) Cost Containment and Quality Improvement Efforts
- 15) Number of products that incurred excise tax paid by the health plan
- 16) Other Comments

1) Company Name:

National Health Insurance Company
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2) This report summarizes rate activity for the 12 months ending reporting year 2016\_.<sup>1</sup>

3) Weighted average annual rate increase (unadjusted)<sup>2</sup>:

- All large group benefit designs: 4.13%
- Most commonly sold large group benefit design: 4.13%

Weighted average annual rate increase (adjusted)<sup>3</sup>:

- All large group benefit designs: 4.13%
- Most commonly sold large group benefit design<sup>4</sup> 4.13%

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<sup>1</sup> Provide information for January 1-December 31 of the reporting year.

<sup>2</sup> Average percent increase means the weighted average of the annual rate increases that were implemented (actual or a reasonable approximation when actual information is not available). The average shall be weighted by the number of enrollees/covered lives.

<sup>3</sup> "Adjusted" means normalized for aggregate changes in benefits, cost sharing, provider network, geographic rating area, and average age.

<sup>4</sup> Most commonly sold large group benefit design is determined at the product level. The most common large group benefit design, determined by number of enrollees should not include cost sharing, including, but not limited to, deductibles, copays, and coinsurance.

4) Summary of Number and Percentage of Rate Changes in Reporting Year by Effective Month

1	2	3	4	5	6	7
<u>Month rate change effective</u>	Number of Renewing Groups	Percent of Renewing groups <i>(number for each month in column 2 divided by overall total)</i>	Number of Enrollees/ Covered Lives Affected by Rate Change <sup>5</sup>	Number of Enrollees/ Covered Lives Offered Renewal During Month Without A Rate Change	Average Premium PMPM After Renewal	Weighted Average Rate Change Unadjusted <sup>6</sup>
January	28	35.90%	645	154	732.71	0.43%
February	3	3.85%	53	0	695.04	18.08%
March	6	7.69%	95	0	499.26	5.60%
April	5	6.41%	55	0	723.01	2.25%
May	3	3.85%	19	0	722.62	3.17%
June	6	7.69%	68	0	707.62	7.35%
July	13	16.67%	449	1	541.22	8.13%
August	3	3.85%	23	0	519.74	1.46%
September	5	6.41%	65	0	1,031.76	8.07%
October	1	1.28%	7	0	1,109.60	7.90%
November	2	2.56%	25	0	1,006.87	5.16%
December	3	3.85%	18	0	813.79	5.17%
<b>Overall</b>	<b>78</b>	<b>100%</b>	<b>1522</b>	<b>155</b>	<b>675.49</b>	<b>4.13%</b>

*See Health and Safety Code section 1385.045(a) and Insurance Code section 10181.45(a)*

Place comments below:

<sup>5</sup> The total number of enrollees/covered lives (employee plus dependents) affected by, or subject to, the rate change.

<sup>6</sup> Average percent increase means the weighted average of the annual rate increases that were offered (final rate quoted, including any underwriting adjustment) (actual or a reasonable approximation when actual information is not available). The average shall be weighted by the number of enrollees/covered lives in columns 4 & 5.

(Include (1) a description (such as product name or benefit/cost-sharing description, and product type) of the most commonly sold benefit design, and (2) methodology used to determine any reasonable approximations used).

MCO1:
1) The most commonly sold benefit plan is a lower deductible PPO plan with copay structures that try to mirror an HMO like plan.
2) No estimations were needed since all renewals are final.

5) Segment type: Including whether the rate is community rated, in whole or in part  
*See Health and Safety Code section 1385.045(c)(1)(B) and Insurance Code section 10181.45(c)(1)(B)*

1	2	3	4	5	6	7
Rating Method	Number of Renewing Groups	Percent of Renewing groups  <i>(number for each month in column 2 divided by overall total)</i>	Number of Enrollees/ Covered Lives Affected By Rate Change	Number of Enrollees/ Covered Lives Offered Renewal Without A Rate Change	Average Premium PMPM After Renewal	Weighted Average Rate Change Unadjusted
100% Community Rated (in whole)	<b>29</b>	<b>37%</b>	<b>554</b>	<b>155</b>	<b>824.21</b>	<b>2.13%</b>
Blended (in part)	<b>49</b>	<b>63%</b>	<b>968</b>	<b>0</b>	<b>590.37</b>	<b>5.79%</b>
100% Experience Rated						
Overall	<b>78</b>	<b>100%</b>	<b>1522</b>	<b>155</b>	<b>675.49</b>	<b>4.13%</b>

Comments: Describe differences between the products in each of the segment types listed in the above table, including which product types (PPO, EPO, HMO, POS, HDHP) are 100% community rated, which are 100% experience rated, and which are blended. Also include the distribution of covered lives among each product type and rating method.

MCO 1: Most employers have a small number of enrollees and therefore all 100% community rated. This represents 37% of enrollment

MCO 2: Uses a blended methodology. This represents 63% of enrollment.

6) Product Type:

*See Health and Safety Code section 1385.045(c)(1)(C) and Insurance Code section 10181.45(c)(1)(C)*

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>Product Type</b>	Number of Renewing Groups	Percent of Renewing groups  <i>(number for each month in column 2 divided by overall total)</i>	Number of Enrollees/ Covered Lives Affected By Rate Change	Number of Enrollees/ Covered Lives Offered Renewal Without A Rate Change	Average Premium PMPM After Renewal	Weighted Average Rate Change Unadjusted
HMO						
PPO	74	95%	1442	155	681.69	3.76%
EPO						
POS						
HDHP	4	5%	80	0	563.69	12.76%
Other (describe)						
<b>Overall</b>	<b>78</b>	<b>100%</b>	<b>1522</b>	<b>155</b>	<b>675.49</b>	<b>4.13%</b>

HMO – Health Maintenance Organization

PPO – Preferred Provider Organization

EPO – Exclusive Provider Organization

POS – Point-of-Service

HDHP – High Deductible Health Plan with or without Savings Options (HRA, HSA)

Describe “Other” Product Types, and any needed comments here.

<p>MCO 1: Not applicable. MCO 2: Not applicable.</p>
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- 7) The number of plans sold during the 12-months that have materially different benefits, cost sharing, or other elements of benefit design.

*See Health and Safety Code section 1385.045(c)(1)(E) and Insurance Code section 10181.45(c)(1)(E)*

**Please complete the following tables. In completing these tables, please see definition of “Actuarial Value” in the document “SB546 – Additional Information”:**

**HMO**

Actuarial Value (AV)	Number of Plans	Covered Lives	Distribution of Covered Lives	Description of the type of benefits and cost sharing levels for each AV range
0.9 to 1.000				
0.8 to 0.899				
0.7 to 0.799				
0.6 to 0.699				
0.0 to 0.599				
Total			100%	

**PPO**

Actuarial Value (AV)	Number of Plans	Covered Lives	Distribution of Covered Lives	Description of the type of benefits and cost sharing levels for each AV range
0.9 to 1.000	1	80	5.55%	Lower deductible and lower coinsurance plans
0.8 to 0.899	31	671	46.53%	Lower deductible and higher coinsurance plans
0.7 to 0.799	17	684	47.43%	Mid-level deductible and coinsurance
0.6 to 0.699	2	7	0.49%	High deductible plans
0.0 to 0.599	0	0	0.00%	
Total	51	1,442	100%	

**EPO**

Actuarial Value (AV)	Number of Plans	Covered Lives	Distribution of Covered Lives	Description of the type of benefits and cost sharing levels for each AV range
0.9 to 1.000				
0.8 to 0.899				
0.7 to 0.799				
0.6 to 0.699				
0.0 to 0.599				
Total			100%	

**POS**

Actuarial Value (AV)	Number of Plans	Covered Lives	Distribution of Covered Lives	Description of the type of benefits and cost sharing levels for each AV range
0.9 to 1.000				
0.8 to 0.899				
0.7 to 0.799				
0.6 to 0.699				
0.0 to 0.599				
Total			100%	

**HDHP**

Actuarial Value (AV)	Number of Plans	Covered Lives	Distribution of Covered Lives	Description of the type of benefits and cost sharing levels for each AV range
0.9 to 1.000				
0.8 to 0.899				
0.7 to 0.799	4	80	100%	High deductible and lower coinsurance plans
0.6 to 0.699				
0.0 to 0.599				
Total	4	80	100%	

In the comment section below, provide the following:

- Number and description of standard plans (non-custom) offered, if any. Include a description of the type of benefits and cost sharing levels.
- Number of large groups with (i) custom plans and (ii) standard plans.

Place comments here:

MCO 1: Offers 6 standard plans.  
MCO 2: Offers 13 standard plans.

- 8) Describe any factors affecting the base rate, and the actuarial basis for those factors, including all of the following:

*See Health and Safety Code section 1385.045(c)(2) and Insurance Code section 10181.45(c)(2)*

Factor	Provide actuarial basis, change in factors, and member months during 12-month period.
Geographic Region (describe regions)	MCO 1: Rates are based on the employee's MSA.
Age, including age rating factors (describe definition, such as age bands)	MCO 1: See NHIC CA LARGE GROUP ANNUAL AGGREGATE RATE DATA - SUPPLEMENT
Occupation	Not applicable
Industry	Not applicable
Health Status Factors, including but not limited to experience and utilization	Not applicable
Employee, and employee and dependents, <sup>7</sup> including a description of the family composition used in each premium tier	MCO 1: See NHIC CA LARGE GROUP ANNUAL AGGREGATE RATE DATA - SUPPLEMENT
Enrollees' share of premiums	Not applicable
Enrollees' cost sharing	Pricing models that take deductibles, coinsurance, OOP, etc., into the calculations.
Covered benefits in addition to basic health care services and any other benefits mandated under this article	Not applicable
Which market segment, if any, is fully experience rated and which market segment, if any, is in part experience rated and in part community rated	MCO 1: All segments are community rated. MCO 2: Part experience rated and part community rated
Any other factor (e.g. network changes) that affects the rate that is not otherwise specified	MCO 1: Provider discounts based on employee's MSA.

- 9) Overall large group medical allowed trend factor and trend factors by aggregate benefit category:

**Overall Medical Allowed Trend Factor**

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<sup>7</sup> i.e. premium tier ratios

“Overall” means the weighted average of trend factors used to determine rate increases included in this filing, weighting the factor for each aggregate benefit category by the amount of projected medical costs attributable to that category.

Allowed Trend: (Current Year) / (Current Year – 1)

6.9%

**Medical Allowed Trend Factor by Aggregate Benefit Category**

The aggregate benefit categories are each of the following – hospital inpatient, hospital outpatient (including emergency room), physician and other professional services, prescription drugs from pharmacies, laboratory services (other than hospital inpatient), radiology services (other than hospital inpatient), other (describe).

*See Health and Safety Code section 1385.045(c)(3)(A) and Insurance Code section 10181.45(c)(3)(A)*

Hospital Inpatient <sup>8</sup>	10.5%
Hospital Outpatient (including ER)	6.3%
Physician/other professional services <sup>9</sup>	5.0%
Prescription Drug <sup>10</sup>	5.0%
Laboratory (other than inpatient) <sup>11</sup>	5.0%
Radiology (other than inpatient)	7.2%
Capitation (professional)	Not applicable.
Capitation (institutional)	Not applicable.
Capitation (other)	Not applicable.
Other (describe) – Chiropractic, home health, ambulance, DME	4.9%

10) Projected medical trend:

Use the same aggregate benefit categories used in item 9 – hospital inpatient, hospital outpatient (including emergency room), physician and other professional services, prescription drugs from pharmacies, laboratory services (other than hospital inpatient), radiology services (other than hospital inpatient), other (describe).

<sup>8</sup> Measured as inpatient days, not by number of inpatient admissions.

<sup>9</sup> Measured as visits.

<sup>10</sup> Per prescription.

<sup>11</sup> Laboratory and Radiology measured on a per-service basis.

Furthermore, within each aggregate category quantify the sources of trend, i.e. use of service, price inflation, and fees and risk.

See *Health and Safety Code section 1385.045(c)(3)(B)* and *Insurance Code section 10181.45(c)(3)(B)*

**Projected Medical Allowed Trend by Aggregate Benefit Category**

Pricing Trend: (Current Year + 1) / (Current Year)	Trend attributable to:				
	Aggregate Dollars	Use of Services	Price Inflation	Fees and Risk	Overall Trend
Hospital Inpatient <sup>12</sup>	\$139.86 pmpm	3.4%	6.9%	0.0%	10.5%
Hospital Outpatient (including ER)	\$153.72 pmpm	2.0%	4.2%	0.0%	6.3%
Physician/other professional services <sup>13</sup>	\$77.69 pmpm	1.6%	3.3%	0.0%	5.0%
Prescription Drug <sup>14</sup>	\$81.86 pmpm	1.6%	3.3%	0.0%	5.0%
Laboratory (other than inpatient) <sup>15</sup>	\$10.64 pmpm	1.6%	3.3%	0.0%	5.0%
Radiology (other than inpatient)	\$24.13 pmpm	1.8%	5.4%	0.0%	7.2%
Capitation (professional)	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable
Capitation (institutional)	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable
Capitation (other)	Not Applicable	Not Applicable	Not Applicable	Not Applicable	Not Applicable
Other (describe) – Chiropractic, home health, amb., DME	\$9.59 pmpm	1.6%	3.2%	0.0%	4.9%
Overall	\$497.49 pmpm	Not Applicable	Not Applicable	Not Applicable	6.9%

<sup>12</sup> Measured as inpatient days, not by number of inpatient admissions.

<sup>13</sup> Measured as visits.

<sup>14</sup> Per prescription.

<sup>15</sup> Laboratory and Radiology measured on a per-service basis.

- 11) Complete the CA Large Group Historical Data Spreadsheet to provide a comparison of the aggregate per enrollee per month costs and rate changes over the last five years for each of the following: (I) Premiums, (ii) Claims costs, if any, (iii) Administrative Expenses, and (iv) Taxes and fees. *Administrative Expenses include general and administrative fees, agent and broker commissions*

**Complete CA Large Group Historical Data Spreadsheet - Excel**

*See Health and Safety Code section 1385.045(c)(3)(C) and Insurance Code section 10181.45(c)(3)(C)*

- 12) Changes in enrollee cost-sharing

Describe any changes in enrollee cost-sharing over the prior year associated with the submitted rate information. Describe these changes at the plan level (see definition of “plan” in the document “SB546-Additional Information.”) Please include both of the following:

*See Health and Safety Code section 1385.045(c)(3) (D) and Insurance Code section 10181.45(c)(3)(D)*

- (i) Actual copays, coinsurance, deductibles, annual out of pocket maximums, and any other cost sharing by the following categories: hospital inpatient, hospital outpatient (including emergency room), physician and other professional services, prescription drugs from pharmacies, laboratory services (other than hospital inpatient), radiology services (other than hospital inpatient), other (describe).

MCO 1: Not applicable.

MCO 2: Not applicable.

- (ii) Any aggregate changes in enrollee cost sharing over the prior years as measured by the weighted average actuarial value based on plan benefits using the company's plan relativity model, weighted by the number of enrollees.<sup>16</sup>

MCO 1: Not applicable.

MCO 2: Not applicable.

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<sup>16</sup> Please determine weight average actuarial value base on the company's own plan relativity model. For this purpose, the company is not required to use the CMS standard model.

13) Changes in enrollee/insured benefits

Describe any changes in benefits for enrollees/insureds over the prior year, providing a description of benefits added or eliminated, as well as any aggregate changes as measured as a percentage of the aggregate claims costs. Describe these changes at the product level (see definition of “product” in the document “SB546-Additional Information.”) Please provide this information for each of the following categories: hospital inpatient, hospital outpatient (including emergency room), physician and other professional services, prescription drugs from pharmacies, laboratory services (other than hospital inpatient), radiology services (other than hospital inpatient), other (describe). *See Health and Safety Code section 1385.045(c) (3) (E) and Insurance Code section 10181.45(c)(3)(E)*

MCO 1: Not applicable.

MCO 2: Not applicable.

#### 14) Cost containment and quality improvement efforts

Describe any cost containment and quality improvement efforts since prior year for the same category of health benefit plan (for this purpose, “category of health benefit plan” means product type, such as HMO, PPO, EPO, etc.). To the extent possible, describe any significant new health care cost containment and quality improvement efforts and provide an estimate of potential savings together with an estimated cost or savings for the projection period. Companies are encouraged to structure their response with reference to the cost containment and quality improvement components of “Attachment 7 to Covered California 2017 Individual Market QHP Issuer Contract:”

- 1.01 Coordination and Cooperation
- 1.02 Ensuring Networks are Based on Value
- 1.03 Demonstrating Action on High Cost Providers
- 1.04 Demonstrating Action on High Cost Pharmaceuticals
- 1.05 Quality Improvement Strategy
- 1.06 Participation in Collaborative Quality Initiatives
- 1.07 Data Exchange with Providers
- 1.08 Data Aggregation across Health Plans

*See Health and Safety Code section 1385.045(c)(3)(F) and Insurance Code section 10181.45(c)(3)(F), see also California Health Benefit Exchange, April 7, 2016 Board Meeting materials: [http://board.coveredca.com/meetings/2016/4-07/2017%20QHP%20Issuer%20Contract Attachment%207 Individual 4-6-2016 CLEAN.pdf](http://board.coveredca.com/meetings/2016/4-07/2017%20QHP%20Issuer%20Contract%20Attachment%207%20Individual%204-6-2016%20CLEAN.pdf)*

*Response for item 14, Cost containment and quality improvement efforts:*

A large, empty rectangular box with a thin black border, intended for the user to provide their response to item 14 regarding cost containment and quality improvement efforts.

15) Excise tax incurred by the health plan

Describe for each segment the number of products covered by the information that incurred the excise tax paid by the health plan - applicable to year 2020 and later. *See Health and Safety Code section 1385.045(c)(3)(G) and Insurance Code section 10181.45(c)(3)(G)*

Not applicable.

16) Other Comments

Provide any additional comments on factors that affect rates and the weighted average rate changes included in this filing.

Not applicable.