

SAVE THE DATE!

2011 CONFERENCE ON AGING

*“Successful Aging
Your Health, Your Finances, Your Life”*

AN EDUCATIONAL FAIR FOR THE 50+

Thursday, April 21, 2011 · 8:00 am – 1:30 pm

First Church of the Nazarene · 3700 East Sierra Madre Blvd., Pasadena, CA.

KEYNOTE SPEAKER

Juanita L. Watts, M.D.
“Healthy Aging”

Regional Coordinator for Women’s Health – Kaiser Permanente Southern California Region
Family Practice Physician – Kaiser Permanente, Glendale
California State Assembly for Leadership in Women’s Health Award
“Women Who Dare” Award
Kaiser Permanente Everyday Hero Award

The goal of the Conference is to provide seniors, caregivers and family members with practical information and resources to improve the quality of their lives.

887.926.8300

WWW.PCOA2011.EVENTBRITE.COM

WORKSHOP TOPICS INCLUDE:

- Healthy Body, Healthy Brain
- Managing Your Finances
- Health and Fitness Workshops
- Social Security and Health Care
- Rejoining the Workforce
- Staying Connected
- Care Giving
- Senior Living Options
- Free Health Screenings

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