1.	Reporting Year	2018	
2.	Enter DMHC Health Plan ID/CDI NAIC No.	67369	
3.	Legal Name	Cigna Health and Life Insurance Co	ompany
4.	DBA		

### **Historical Data - Premium and Claims**

HMO/POS		Historical Data						
		2013	2014	2015	2016	2017		
1.	Premium: 1.1 Total premium							
2.	Claims: 2.1 Claims Incurred and Paid 2.2 Direct claim reserves 2.3 Experience rating refunds (rate credits) paid 2.4 Reserve for experience rating refunds (rate credits) 2.5 Contingent benefit and lawsuit reserves 2.6 Total incurred claims	0	0	0	0	0		
3.	Federal and State Taxes and Licensing or Regulatory Fees 3.1 Federal taxes and assessments 3.1a Federal income taxes deductible from premium in MLR calculations 3.1b Patient Centered Outcomes Research Institute (PCORI) Fee 3.1c Affordable Care Act section 9010 Fee 3.1d Federal Transitional Reinsurance Fee 3.1e Other Federal Taxes and assessments deductible from premium 3.2 State Premium Tax 3.3 State Income Tax 3.4 Regulatory authority licenses and fees 3.5 Other Taxes and Fees 3.6 Total Federal and State Taxes and fees	0	0	0	0	0		
4.	Health Care Quality Improvement Expenses Incurred 4.1 Improve health outcomes 4.2 Activities to prevent hospital readmission 4.3 Improve patient safety and reduce medical errors 4.4 Wellness and health promotion activities 4.5 Health information technology expenses related to improving health care quality 4.6 Allowable Implementation ICD-10 expenses (not to exceed 0.3% of premium) 4.7 Total Incurred Health Care Quality Improvement Expenses	0	0	0	0	0		
5.	Non-Claims Costs 5.1 Administrative Expenses 5.2 Agents and brokers fees and commissions 5.3 Other general and administrative expenses 5.4 Total non-claims costs	0	0	0	0	0		
6.	Other Indicators or information 6.1 Number of covered lives 6.2 Member months							

# **Historical Data - Premium and Claims**

PPO/EPO		Historical Data					
		2013	2014	2015	2016	2017	
1.	Premium: 1.1 Total premium	464,526,559	671,339,369	751,994,135	766,026,759	930,654,266	
2.	Claims: 2.1 Claims Incurred and Paid 2.2 Direct claim reserves	372,298,150 0	531,969,722	598,967,205 0	619,655,811	746,953,212	
	Experience rating refunds (rate credits) paid     Reserve for experience rating refunds (rate credits)	6,277,394 0	10,309,941 0	2,307,464 0	2,427,507 0	1,735,584 16,744,806	
	<ul><li>2.5 Contingent benefit and lawsuit reserves</li><li>2.6 Total incurred claims</li></ul>	0 378,575,544	0 542,279,663	0 601,274,669	0 622,083,318	765,433,602	
3.	Federal and State Taxes and Licensing or Regulatory Fees 3.1 Federal taxes and assessments						
	3.1a Federal income taxes deductible from premium in MLR calculations     3.1b Patient Centered Outcomes Research Institute (PCORI) Fee	6,280,463 191,301	24,044,161 353,597	29,205,445 396,317	25,220,641 390,881	30,638,399 478,320	
	3.1c Affordable Care Act section 9010 Fee 3.1d Federal Transitional Reinsurance Fee	0	8,987,132 8,291,492	14,113,707 6,607,154	13,421,344 3,928,205	0	
	3.1e Other Federal Taxes and assessments deductible from premium     3.2 State Premium Tax	1,202,513 8,577,182	1,585,568 11,727,540	1,972,243 12,939,307	9,298 11,995,813	34,668 13,781,244	
	<ul><li>3.3 State Income Tax</li><li>3.4 Regulatory authority licenses and fees</li></ul>	1,658,916 17,202	2,079,735 1,646	2,343,699 218	1,842,093 3,550	6,527,022 236,903	
	<ul><li>3.5 Other Taxes and Fees</li><li>3.6 Total Federal and State Taxes and fees</li></ul>	40,923 17,968,500	5,502 57,076,373	16,769 67,594,859	2,120,738 58,932,563	2,330,394 54,026,950	
4.	Health Care Quality Improvement Expenses Incurred 4.1 Improve health outcomes	883,475	417,374	704,544	235,619		
	4.2 Activities to prevent hospital readmission     Improve patient safety and reduce medical errors	70,062 412,143	38,022 718,758	192,162 817,031	305,251 725,709		
	<ul> <li>4.4 Wellness and health promotion activities</li> <li>4.5 Health information technology expenses related to improving health care</li> </ul>	152,858 450,918	111,262 342,624	81,992 349,790	265,109 831,194		
	quality 4.6 Allowable Implementation ICD-10 expenses (not to exceed 0.3% of premium)	110,532	102,587	30,167	0		
	4.7 Total Incurred Health Care Quality Improvement Expenses	2,079,988	1,730,627	2,175,686	2,362,882	7,445,234	
5.	Non-Claims Costs 5.1 Administrative Expenses	16,317,816	16,309,494	19,973,562	21,740,765	24,542,981	
	<ul><li>5.2 Agents and brokers fees and commissions</li><li>5.3 Other general and administrative expenses</li></ul>	8,839,706 17,848,763	14,159,609 11,410,694	16,753,233 9,769,081	16,610,727 11,330,408	19,355,331 19,216,482	
6	5.4 Total non-claims costs	43,006,285	41,879,797	46,495,876	49,681,900	63,114,794	
6.	Other Indicators or information 6.1 Number of covered lives 6.2 Member months	93,725 1,054,409	124,657 1,436,353	141,261 1,674,836	147,276 1,688,706	171,342 1,991,573	

### **Historical Data - Premium and Claims**

HMO/POS		Historical Data					
		2013	2014	2015	2016	2017	
1.	Total Dollars 1.1 Premiums 1.2 Claims Costs 1.3 Administrative Expenses 1.4 Taxes and Fees 1.5 Quality Improvement Expenses	0 0 0 0	0 0 0 0	0 0 0 0	0 0 0 0	0 0 0 0	
2.	PMPM 2.1 Premiums 2.2 Claims Costs 2.3 Administrative Expenses 2.4 Taxes and Fees 2.5 Quality Improvement Expenses						
3.	Average Change in Rating Components (%) 3.1 Premiums 3.2 Claims Costs 3.3 Administrative Expenses 3.4 Taxes and Fees 3.5 Quality Improvement Expenses	N/A N/A N/A N/A N/A					

PPO/EPO		Historical Data						
		2013	2014	2015	2016	2017		
1.	Total Dollars  1.1 Premiums 1.2 Claims Costs 1.3 Administrative Expenses 1.4 Taxes and Fees 1.5 Quality Improvement Expenses	464,526,559 378,575,544 43,006,285 17,968,500 2,079,988	671,339,369 542,279,663 41,879,797 57,076,373 1,730,627	751,994,135 601,274,669 46,495,876 67,594,859 2,175,686	766,026,759 622,083,318 49,681,900 58,932,563 2,362,882	765,433,602 63,114,794		
2.	PMPM 2.1 Premiums 2.2 Claims Costs 2.3 Administrative Expenses 2.4 Taxes and Fees 2.5 Quality Improvement Expenses	441 359 41 17 2	467 378 29 40 1	449 359 28 40 1	454 368 29 35 1	467 384 32 27 4		
3.	Average Change in Rating Components (%) 3.1 Premiums 3.2 Claims Costs 3.3 Administrative Expenses 3.4 Taxes and Fees 3.5 Quality Improvement Expenses	N/A N/A N/A N/A N/A	5.2% - <mark>28.5%</mark> 133.2%	-4.9% -4.8%	2.6% 6.0% -13.5%	4.3% 7.7% -22.3%		