## California Large Group Annual Aggregate Rate Data Report Form

(File through SERFF as a PDF or excel. If you enter data on a Word version of this document, convert to PDF before submitting the form. SERFF will not accept Word documents.

Note "Large Group Annual Aggregate Rate Data Report" in the SERFF "Filing Description" field)

The aggregate rate information submission form should include the following:

- 1) Company Name (Health Plan)
- 2) Rate Activity 12-month ending date
- 3) Weighted Average Rate Increase, and Number Enrollees subject to rate change
- Summary of Number and Percentage of Rate Changes in Reporting Year by Effective Month
- 5) Segment Type
- 6) Product Type
- 7) Products Sold with materially different benefits, cost share
- 8) Factors affecting the base rate
- 9) Overall Medical Trend (Plain-Language Form)
- 10) Projected Medical Trend (Plain-Language Form)
- 11) Per Member per Month Costs and Rate of Changes over last five years submit CA Large Group Historical Data Reporting Spreadsheet (Excel)
- 12) Changes in Enrollee Cost Sharing
- 13) Changes in Enrollee Benefits
- 14) Cost Containment and Quality Improvement Efforts
- 15) Number of products that incurred excise tax paid by the health plan
- 16) Covered Prescription Drugs
  - submit SB 17 Large Group Prescription Drug Cost Reporting Form (Excel)
- 17) Other Comments
- 1) Company Name:

| Aetna Life Insurance Company |
|------------------------------|
|------------------------------|

- 2) This report summarizes rate activity for the 12 months ending reporting year 2021.1
- 3) Weighted average annual rate increase (unadjusted)<sup>2</sup>
  - All large group benefit designs

5.2 %

Most commonly sold large group benefit design

<u>4.7</u>%

Weighted average annual rate increase (adjusted)<sup>3</sup>

• All large group benefit designs

<u>5.3</u>%

Most commonly sold large group benefit design <u>4.9</u> %

<sup>&</sup>lt;sup>1</sup> Provide information for January 1-December 31 of the reporting year.

<sup>&</sup>lt;sup>2</sup> Average percent increase means the weighted average of the annual rate increases that were implemented (actual or a reasonable approximation when actual information is not available). The average shall be weighted by the number of enrollees/covered lives.

Revised: June 11, 2019

Summary of Number and Percentage of Rate Changes in Reporting Year by EffectiveMonth

### See Health and Safety Code section 1385.045(a) and Insurance Code section 10181.45(a)

| 1                                 | 2                               | 3  | 4   | 5   | 6  | 7  |
|-----------------------------------|---------------------------------|--|---|---|--|--|
| Month Rate<br>Change<br>Effective | Number of<br>Renewing<br>Groups | Percent of<br>Renewing<br>Groups<br>(number for<br>each month<br>in column 2<br>divided by<br>overall total) | Number of<br>Enrollees/<br>Covered<br>Lives<br>Affected by<br>Rate<br>Change <sup>5</sup> | Number of<br>Enrollees/<br>Covered<br>Lives<br>Offered<br>Renewal<br>During<br>Month<br>Without A<br>Rate<br>Change | Average<br>Premium<br>PMPM<br>After<br>Renewal | Weighted<br>Average<br>Rate<br>Change<br>Unadjusted <sup>6</sup> |
| January                           | 295                             | 43.9%  | 109,334   | 0   | \$618.82                                       | 6.0%   |
| February                          | 6                               | 0.9%   | 251   | 0   | \$871.70                                       | 8.7%   |
| March                             | 33                              | 4.9%   | 3,407   | 0   | \$624.06                                       | 4.0%   |
| April                             | 27                              | 4.0%   | 3,893   | 0   | \$781.65                                       | 2.7%   |
| May                               | 29                              | 4.3%   | 3,287   | 0   | \$632.17                                       | 5.5%   |
| June                              | 37                              | 5.5%   | 5,470   | 0   | \$668.45                                       | 1.8%   |
| July                              | 53                              | 7.9%   | 6,976   | 0   | \$726.97                                       | 5.6%   |
| August                            | 37                              | 5.5%   | 6,062   | 0   | \$675.09                                       | 4.0%   |
| September                         | 34                              | 5.1%   | 4,728   | 0   | \$603.58                                       | 1.8%   |
| October                           | 29                              | 4.3%   | 3,366   | 0   | \$644.85                                       | 6.6%   |
| November                          | 35                              | 5.2%   | 2,248   | 0   | \$652.29                                       | 9.0%   |
| December                          | 57                              | 8.5%   | 23,892  | 0   | \$449.76                                       | 2.8%   |
| Overall                           | 672                             | 100.0%   | 172,914   | 0   | \$608.28                                       | 5.2%   |

<sup>&</sup>lt;sup>3</sup> "Adjusted" means normalized for aggregate changes in benefits, cost sharing, provider network, geographic rating area, and average age.

<sup>&</sup>lt;sup>4</sup> Most commonly sold large group benefit design is determined at the product level. The most common large group benefit design, determined by number of enrollees should not include cost sharing, including, but not limited to, deductibles, copays, and coinsurance.

<sup>&</sup>lt;sup>5</sup> The total number of enrollees/covered lives (employee plus dependents) affected by, or subject to, the rate change.

<sup>&</sup>lt;sup>6</sup> Average percent increase means the weighted average of the annual rate increases that were offered (final rate quoted, including any underwriting adjustment) (actual or a reasonable approximation when actual information is not available). The average shall be weighted by the number of enrollees/covered lives in columns 4 & 5.

#### Place comments below:

(Include (1) a description (such as product name or benefit/cost-sharing description, and product type) of the most commonly sold benefit design, and (2) methodology used to determine any reasonable approximations used).

- (1) The most commonly sold plan design is a PPO Plan with Deductible \$1000, OOP Max. \$4500, Coinsurance 80%, PCP Copay \$15, SPC Copay \$15.
- (2) Approximations are derived from rating factors and underwriting reports.
- 4) Segment type: Including whether the rate is community rated, in whole or in part

# See Health and Safety Code section 1385.045(c)(1)(B) and Insurance Code section 10181.45(c)(1)(B)

| 1  | 2                               | 3  | 4  | 5  | 6  | 7   |
|--|---------------------------------|--|--|--|--|---|
| Rating<br>Method                         | Number of<br>Renewing<br>Groups | Percent of Renewing Groups  (number for each rating method in column 2 divided by overall total) | Number of<br>Enrollees/<br>Covered<br>Lives<br>Affected By<br>Rate<br>Change | Number of<br>Enrollees/<br>Covered<br>Lives<br>Offered<br>Renewal<br>Without A<br>Rate<br>Change | Average<br>Premium<br>PMPM<br>After<br>Renewal | Weighted<br>Average<br>Rate<br>Change<br>Unadjusted |
| 100%<br>Community<br>Rated (in<br>whole) | 4                               | 0.6%   | 22   | 0  | \$1,019.12                                     | 10.7%   |
| Blended (in part)                        | 613                             | 91.2%  | 79,575   | 0  | \$667.93                                       | 6.1%  |
| 100%<br>Experience<br>Rated              | 55                              | 8.2%   | 93,317   | 0  | \$557.32                                       | 4.3%  |
| Overall                                  | 672                             | 100.0%   | 172,914  | 0  | \$608.28                                       | 5.2%  |

Comments: Describe differences between the products in each of the segment types listed in the above table, including which product types (PPO, EPO, HMO, POS, HDHP, other) are 100% community rated, which are 100% experience rated, and which are blended. Also include the distribution of covered lives among each product type and rating method.

All product types are offered for each segment.

Membership distribution is as follows:

| Segment                               | PPO   | EPO   | Other-<br>Indemnity | HDHP  |
|---------------------------------------|-------|-------|---------------------|-------|
| 100%<br>Community<br>Rated (in whole) | 0.0%  | 0.0%  | 1.1%                | 0.0%  |
| Blended (in part)                     | 45.4% | 37.2% | 33.4%               | 47.5% |
| 100%<br>Experience<br>Rated           | 54.6% | 62.8% | 65.4%               | 52.4% |

### 5) Product Type:

# See Health and Safety Code section 1385.045(c)(1)(C) and Insurance Code section 10181.45(c)(1)(C)

| 1                    | 2                                      | 3   | 4   | 5  | 6  | 7   |
|----------------------|--|---|---|--|--|---|
| Product Type         | Number<br>of<br>Renewi<br>ng<br>Groups | Percent of Renewing Groups  (number for each product type in column 2 divided by overall total) | Number of<br>Enrollees/<br>Covered<br>Lives Affected<br>By Rate<br>Change | Number of<br>Enrollees/<br>Covered<br>Lives<br>Offered<br>Renewal<br>Without A<br>Rate<br>Change | Average<br>Premium<br>PMPM<br>After<br>Renewal | Weighted<br>Average<br>Rate<br>Change<br>Unadjusted |
| НМО                  |  |   |   |  |  |   |
| PPO                  | 562                                    | 57.2%   | 97,528  | 0  | \$620.16                                       | 4.7%  |
| EPO                  | 35                                     | 3.6%  | 4,799   | 0  | \$664.61                                       | 8.9%  |
| POS                  |  |   |   |  |  |   |
| HDHP                 | 366                                    | 37.3%   | 70,231  |  | \$586.08                                       | 5.7%  |
| Other<br>(Indemnity) | 19                                     | 1.9%  | 356   | 0  | \$972.77                                       | 0.3%  |
| Overall              | 982                                    | 100%  | 172,914   | 0  | \$608.28                                       | 5.2%  |

HMO – Health Maintenance Organization PPO – Preferred Provider Organization

EPO – Exclusive Provider Organization POS – Point-of-Service

HDHP – High Deductible Health Plan with or without Savings Options (HRA, HSA)

Describe "Other" Product Types, and any needed comments here.

"Other" product type reflects the Aetna Traditional Choice (Indemnity) plan where members have the freedom to choose any recognized provider for covered services without a referral. The plan coinsurance percent is the same, regardless of whether a provider is contracted with Aetna or not. Plan sponsors save if a member obtains services from network providers who we reimburse based on their contracted fee schedule.

The total number of groups in 5) above does not match the total number of groups in 4) because a group may have members enrolled in more than one product (for example, PPO and EPO). In this case, the group is counted twice in 5), once under EPO and once under PPO.

6) The number of plans sold during the 12-months that have materially different benefits, cost sharing, or other elements of benefit design.

See Health and Safety Code section 1385.045(c)(1)(E) and Insurance Code section 10181.45(c)(1)(E)

Please complete the following tables. In completing these tables, please see definition of "Actuarial Value" in the document "SB546 – Additional Information":

### **HMO**

| Actuarial<br>Value (AV) | Number<br>of Plans | Covered<br>Lives | Distribution of Covered Lives | Description of the type of benefits and cost sharing levels for each AV range |
|-------------------------|--------------------|------------------|-------------------------------|---|
| 0.9 to 1.000            |                    |                  |                               |   |
| 0.8 to 0.899            |                    |                  |                               |   |
| 0.7 to 0.799            |                    |                  |                               |   |
| 0.6 to 0.699            |                    |                  |                               |   |
| 0.0 to 0.599            |                    |                  |                               |   |
| Total                   |                    |                  | 100%                          |   |

### **PPO**

| Actuarial<br>Value (AV) | Number of Plans | Covered<br>Lives | Distribution of Covered Lives | Description of the type of benefits and cost sharing levels for each AV range |
|-------------------------|-----------------|------------------|-------------------------------|---|
| 0.9 to 1.000            |                 |                  |                               | Ded \$300, OOP \$2000, Coinsurance  |
|                         | 1004            | 28,320           | 29.0%                         | 90%   |
| 0.8 to 0.899            |                 |                  |                               | Ded \$700, OOP \$3500, Coinsurance  |
|                         | 1983            | 66,165           | 67.8%                         | 80%   |
| 0.7 to 0.799            |                 |                  |                               | Ded \$4500, OOP \$7500, Coinsurance   |
|                         | 61              | 2,712            | 2.8%                          | 70%   |
| 0.6 to 0.699            |                 |                  |                               | Ded \$5500, OOP \$7000, Coinsurance   |
|                         | 10              | 331              | 0.3%                          | 70%   |
| 0.0 to 0.599            |                 |                  |                               |   |
| Total                   | 3058            | 97,528           | 100%                          |   |

### **EPO**

| Actuarial<br>Value (AV) | Number of Plans | Covered<br>Lives | Distribution of Covered Lives | Description of the type of benefits and cost sharing levels for each AV range |
|-------------------------|-----------------|------------------|-------------------------------|---|
| 0.9 to 1.000            |                 |                  |                               | Ded \$0, OOP \$2000, Coinsurance  |
|                         | 49              | 2093             | 43.6%                         | 100%, PCP Copay \$15, SPC Copay \$20  |
| 0.8 to 0.899            |                 |                  |                               | Ded \$150, OOP \$4000, Coinsurance  |
|                         | 53              | 2706             | 56.4%                         | 95%   |
| 0.7 to 0.799            |                 |                  |                               |   |
| 0.6 to 0.699            |                 |                  |                               |   |
| 0.0 to 0.599            |                 |                  |                               |   |
| Total                   | 102             | 4,799            | 100%                          |   |

# POS

| Actuarial<br>Value (AV) | Number<br>of Plans | Covered<br>Lives | Distribution of<br>Covered<br>Lives | Description of the type of benefits and cost sharing levels for each AV range |
|-------------------------|--------------------|------------------|-------------------------------------|---|
| 0.9 to 1.000            |                    |                  |                                     |   |
| 0.8 to 0.899            |                    |                  |                                     |   |
| 0.7 to 0.799            |                    |                  |                                     |   |
| 0.6 to 0.699            |                    |                  |                                     |   |
| 0.0 to 0.599            |                    |                  |                                     |   |
| Total                   |                    |                  | 100%                                |   |

# HDHP

| Actuarial<br>Value (AV) | Number<br>of Plans | Covered<br>Lives | Distribution of<br>Covered<br>Lives | Description of the type of benefits and cost sharing levels for each AV range |
|-------------------------|--------------------|------------------|-------------------------------------|---|
| 0.9 to 1.000            |                    |                  |                                     | Ded \$2000, OOP \$2000, Coinsurance   |
|                         | 6                  | 108              | 0.2%                                | 10%   |
| 0.8 to 0.899            |                    |                  |                                     | Ded \$1500, OOP \$3500, Coinsurance   |
|                         | 1,096              | 28,164           | 40.1%                               | 80%   |
| 0.7 to 0.799            |                    |                  |                                     | Ded \$3000, OOP \$4500, Coinsurance   |
|                         | 1,367              | 33,432           | 47.6%                               | 80%   |
| 0.6 to 0.699            |                    |                  |                                     | Ded \$5000, OOP \$6500, Coinsurance   |
|                         | 381                | 8,526            | 12.1%                               | 80%   |
| 0.0 to 0.599            |                    |                  |                                     |   |
| Total                   | 2,850              | 70,231           | 100%                                |   |

# Other (Indemnity)

| Actuarial<br>Value (AV) | Number<br>of Plans | Covered<br>Lives | Distribution of<br>Covered<br>Lives | Description of the type of benefits and cost sharing levels for each AV range |
|-------------------------|--------------------|------------------|-------------------------------------|---|
| 0.9 to 1.000            |                    |                  |                                     | Ded \$100, OOP \$2000, Coinsurance  |
|                         | 4                  | 50               | 13.9%                               | 90%   |
| 0.8 to 0.899            |                    |                  |                                     | Ded \$500, OOP \$3000, Coinsurance  |
|                         | 10                 | 270              | 75.9%                               | 80%   |
| 0.7 to 0.799            |                    |                  |                                     | Ded \$4500, OOP \$7000, Coinsurance   |
|                         | 2                  | 36               | 10.1%                               | 80%   |
| 0.6 to 0.699            |                    |                  |                                     |   |
| 0.0 to 0.599            |                    |                  |                                     |   |
| Total                   | 16                 | 356              | 100%                                |   |

In the comment section below, provide the following:

- Number and description of standard plans (non-custom) offered, if any. Include a description of the type of benefits and cost sharing levels.
- Number of large groups with (i) custom plans and (ii) standard plans.

### Place comments here:

|   | Groups with |
|---|-------------|
|   | members on  |
| Standard Plans  | plan        |
| Ded \$250, OOP \$2500, Coins 0.9, PCP \$10, SPC \$20  | 229         |
| Ded \$1000, OOP \$3500, Coins 0.8, PCP \$25, SPC \$50 | 176         |
| Ded \$1500, OOP \$3000, Coins 0.8, PCP \$0, SPC \$0   | 161         |
| Ded \$1500, OOP \$5000, Coins 0.7, PCP \$30, SPC \$50 | 154         |
| Ded \$750, OOP \$3000, Coins 0.8, PCP \$20, SPC \$40  | 142         |
| Ded \$500, OOP \$3000, Coins 0.8, PCP \$15, SPC \$30  | 126         |
| Ded \$2000, OOP \$4000, Coins 0.7, PCP \$30, SPC \$50 | 109         |
| Ded \$1500, OOP \$3000, Coins 0.9, PCP \$0, SPC \$0   | 108         |
| Ded \$500, OOP \$2500, Coins 0.8, PCP \$20, SPC \$20  | 107         |
| Ded \$250, OOP \$2500, Coins 0.9, PCP \$20, SPC \$20  | 103         |
| Ded \$5500, OOP \$6550, Coins 0.9, PCP \$0, SPC \$0   | 85          |
| Ded \$500, OOP \$2000, Coins 0.8, PCP \$20, SPC \$20  | 82          |
| Ded \$500, OOP \$3000, Coins 0.8, PCP \$20, SPC \$25  | 72          |
| Ded \$2800, OOP \$5600, Coins 0.8, PCP \$0, SPC \$0   | 71          |
| Ded \$2000, OOP \$5000, Coins 0.7, PCP \$30, SPC \$50 | 68          |
| Ded \$250, OOP \$2000, Coins 0.9, PCP \$20, SPC \$20  | 58          |
| Ded \$2000, OOP \$4000, Coins 0.8, PCP \$0, SPC \$0   | 51          |
| Ded \$500, OOP \$2500, Coins 0.9, PCP \$15, SPC \$25  | 51          |
| Ded \$750, OOP \$3000, Coins 0.9, PCP \$20, SPC \$40  | 38          |
| Ded \$250, OOP \$2000, Coins 0.9, PCP \$10, SPC \$20  | 37          |
| Ded \$1500, OOP \$3500, Coins 0.8, PCP \$25, SPC \$50 | 32          |
| Ded \$2700, OOP \$4000, Coins 0.8, PCP \$0, SPC \$0   | 30          |
| Ded \$1400, OOP \$3000, Coins 0.9, PCP \$0, SPC \$0   | 29          |
| Ded \$2800, OOP \$5600, Coins 0.9, PCP \$0, SPC \$0   | 27          |
| Ded \$4000, OOP \$5500, Coins 0.7, PCP \$0, SPC \$0   | 21          |
| Ded \$500, OOP \$2000, Coins 0.9, PCP \$15, SPC \$25  | 19          |
| Ded \$500, OOP \$2000, Coins 0.8, PCP \$20, SPC \$30  | 14          |
| Ded \$2500, OOP \$4000, Coins 0.8, PCP \$0, SPC \$0   | 8           |
| Ded \$2800, OOP \$5600, Coins 1, PCP \$0, SPC \$0     | 7           |
| Ded \$500, OOP \$2500, Coins 0.9, PCP \$20, SPC \$25  | 4           |
| Ded \$2800, OOP \$4200, Coins 0.8, PCP \$0, SPC \$0   | 4           |
| Ded \$2500, OOP \$6250, Coins 0.8, PCP \$25, SPC \$50 | 3           |
| Ded \$2000, OOP \$4000, Coins 0.9, PCP \$0, SPC \$0   | 2           |
| Ded \$500, OOP \$3000, Coins 0.8, PCP \$20, SPC \$40  | 1           |
| Ded \$550, OOP \$5000, Coins 0.85, PCP \$25, SPC \$45 | 1           |
| Ded \$4000, OOP \$6750, Coins 0.7, PCP \$0, SPC \$0   | 1           |
| Custom Plans  | 3,795       |

|   | The sum of the "Groups with members on plan" column above equals 6,026. The "Groups with members on plan" column represents the number of groups who have a least one member on that plan. It's a large number and doesn't match the number of groups in Sections 3 and 4 (672) |
|---|---|
|   | groups) because groups often have members enrolled in more one plan.  |
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7) Describe any factors affecting the base rate, and the actuarial basis for those factors, including all of the following:

# See Health and Safety Code section 1385.045(c)(2) and Insurance Code section 10181.45(c)(2)

| Factor  | Provide actuarial basis, change in factors, and member months during 12-month period.   |
|---|---|
| Geographic Region<br>(describe regions)   | Geographic regions are based on counties and cost differences between regions. Area factors are developed using Aetna's internal data. Area factors were changed slightly during the reporting year. This change was revenue neutral. |
| Age, including age rating factors (describe definition, such as age bands)  | Age rating factors reflect cost variation by age and gender and are developed using Aetna's book of business data. The age/gender factors were not changed during the reporting year.   |
| Occupation  | Occupation rating factors are considered under the same umbrella as industry factors.   |
| Industry  | Industry factors vary by SIC code and are developed using Aetna's book of business data. No changes were made to the industry factors during the reporting year.  |
| Health Status Factors, including but not limited to experience and utilization  | Member-level prospective risk scores used in manual rating are derived from claims history and diagnosis data.  |
| Employee, and employee and dependents, <sup>7</sup> including a description of the family composition used in each premium tier                   | No changes were made to the premium tier ratios during the reporting year.  |
| Enrollees' share of premiums  | There are no rating factors based on enrollees' share of premiums.  |
| Enrollees' cost sharing, including cost sharing for prescription drugs  | Benefit pricing factors based on enrollee cost sharing vary according to plan design. The majority of business is under custom plans.   |
| Covered benefits in addition to basic health care services and any other benefits mandated under this article                                     | Custom benefit riders are offered on a case-by-case basis.  |
| Which market segment, if any, is fully experience rated and which market segment, if any, is in part experience rated and in part community rated | All large group market segments use a credibility table based on number of covered lives to determine whether the group is fully experience rated or partially experience rated.  |
| Any other factor (e.g. network changes) that affects the rate that is not otherwise specified   | Network savings factor for narrow network products were not changed during the reporting year.  |

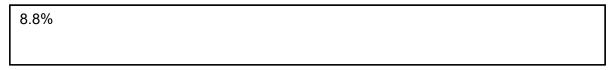
| <sup>7</sup> j. | e. prer | nium 1 | tier r | atios |
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|-----------------|---------|--------|--------|-------|

8) Overall large group medical allowed trend factor and trend factors by aggregate benefit category:

### a) Overall Medical Allowed Trend Factor

"Overall" means the weighted average of trend factors used to determine rate increases included in this filing, weighting the factor for each aggregate benefit category by the amount of projected medical costs attributable to that category.

Allowed Trend: (Current Year) / (Current Year – 1)



# b) Medical Allowed Trend Factor by Aggregate Benefit Category

The aggregate benefit categories are each of the following – hospital inpatient, hospital outpatient (including emergency room), physician and other professional services, prescription drugs from pharmacies, laboratory services (other than hospital inpatient), radiology services (other than hospital inpatient), other (describe).

# See Health and Safety Code section 1385.045(c)(3)(A) and Insurance Code section 10181.45(c)(3)(A)

| Hospital Inpatient <sup>8</sup>        | 10.5% |
|--|-------|
| Hospital Outpatient (including ER)     | 8.8%  |
| Physician/other professional services9 | 6.5%  |
| Prescription Drug <sup>10</sup>        | 11.1% |
| Laboratory (other than inpatient) 11   | 8.8%  |
| Radiology (other than inpatient)       | 8.8%  |
| Capitation (professional)              | N/A   |
| Capitation (institutional)             | N/A   |
| Capitation (other)                     | N/A   |
| Other (describe)                       | N/A   |

<sup>&</sup>lt;sup>8</sup> Measured as inpatient days, not by number of inpatient admissions.

<sup>&</sup>lt;sup>9</sup> Measured as visits.

| 10 | Per | prescription. |  |
|----|-----|---------------|--|
|    |     | presentation. |  |

Please provide an explanation if any of the categories under 9(b) are zero or have no value.

| There is no "Capitation" for PPO plans. The Other field has no value because all services are captured within other categories in the table above. |
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### 9) Projected medical trend:

Use the same aggregate benefit categories used in item 9 – hospital inpatient, hospital outpatient (including emergency room), physician and other professional services, prescription drugs from pharmacies, laboratory services (other than hospital inpatient), radiology services (other than hospital inpatient), other (describe). Furthermore, within each aggregate category quantify the sources of trend, i.e. use of service, price inflation, and fees and risk.

See Health and Safety Code section 1385.045(c)(3)(B) and Insurance Code section 10181.45(c)(3)(B)

<sup>&</sup>lt;sup>11</sup> Laboratory and Radiology measured on a per-service basis.

## **Projected Medical Allowed Trend by Aggregate Benefit Category**

|  |  |                    | Trend<br>attributable<br>to: | -                |                  |
|--|--|--------------------|------------------------------|------------------|------------------|
| Allowed Trend:<br>(Current Year + 1) /<br>(Current Year) | Current Year -<br>Aggregate<br>Dollars<br>(PMPM) | Use of<br>Services | Price<br>Inflation           | Fees and<br>Risk | Overall<br>Trend |
| Hospital Inpatient <sup>12</sup>                         | \$167.13   | 4.1%               | 6.2%                         |                  | 10.5%            |
| Hospital Outpatient (including ER)                       | \$128.24   | 4.1%               | 4.5%                         |                  | 8.8%             |
| Physician/other professional services <sup>13</sup>      | \$232.29   | 3.1%               | 3.3%                         |                  | 6.5%             |
| Prescription Drug <sup>14</sup>                          | \$136.01   | 1.5%               | 9.4%                         |                  | 11.1%            |
| Laboratory (other than inpatient) <sup>15</sup>          | Rolled up in above categories                    | 4.1%               | 4.5%                         |                  | 8.8%             |
| Radiology (other than inpatient)                         | Rolled up in above categories                    | 4.1%               | 4.5%                         |                  | 8.8%             |
| Capitation (professional)                                | N/A  | N/A                | N/A                          |                  | N/A              |
| Capitation (institutional)                               | N/A  | N/A                | N/A                          |                  | N/A              |
| Capitation (other)                                       | N/A  | N/A                | N/A                          |                  | N/A              |
| Other (describe)   | N/A  | N/A                | N/A                          |                  | N/A              |
| Overall  | \$663.68   | 3.2%               | 5.4%                         |                  | 8.8%             |

Please provide an explanation if any of the categories above are zero or have no value.

There is no "Capitation" for PPO plans. The Other field has no value because all services are captured within other categories in the table above. In addition, we don't have trend that falls under the "Fees and Risk" category.

<sup>&</sup>lt;sup>12</sup> Measured as inpatient days, not by number of inpatient admissions.

<sup>&</sup>lt;sup>13</sup> Measured as visits.

<sup>&</sup>lt;sup>14</sup> Per prescription.

<sup>&</sup>lt;sup>15</sup> Laboratory and Radiology measured on a per-service basis.

- 10)Complete the CA Large Group Historical Data Spreadsheet to provide a comparison of the aggregate per enrollee per month costs and rate changes over the last five years for each of the following:
  - (i) Premiums
  - (ii) Claims Costs, if any
  - (iii) Administrative Expenses
  - (iv) Taxes and Fees
  - (v) Quality Improvement Expenses. Administrative Expenses include general and administrative fees, agent and broker commissions

### Complete CA Large Group Historical Data Spreadsheet - Excel

# See Health and Safety Code section 1385.045(c)(3)(C) and Insurance Code section 10181.45(c)(3)(C)

11)Changes in enrollee cost-sharing

Describe any changes in enrollee cost-sharing over the prior year associated with the submitted rate information, including both of the following:

# See Health and Safety Code section 1385.045(c)(3) (D) and Insurance Code section 10181.45(c)(3)(D)

(i) Actual copays, coinsurance, deductibles, annual out of pocket maximums, and any other cost sharing by the following categories: hospital inpatient, hospital outpatient (including emergency room), physician and other professional services, prescription drugs from pharmacies, laboratory services (other than hospital inpatient), radiology services (other than hospital inpatient), other (describe).

| Any<br>cas | <i>r</i> cost-sharing changes are initia<br>e basis. | ated by the client, and therefo | re vary on a case-by- |
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| Aggregate<br>neasured | change in enrollee<br>by Aetna's internal | cost sharing for benefit pricing r | all benefit cated<br>model is worth a | gories on renewal as<br>pproximately -0.6%. |
|-----------------------|---|------------------------------------|---------------------------------------|---|
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(ii) Any aggregate changes in enrollee cost sharing over the prior years as measured by

the weighted average actuarial value based on plan benefits using the company's plan

<sup>&</sup>lt;sup>16</sup> Please determine weight average actuarial value base on the company's own plan relativity model. For this purpose, the company is not required to use the CMS standard model.

#### 12) Changes in enrollee/insured benefits

Describe any changes in benefits for enrollees/insureds over the prior year, providing a description of benefits added or eliminated, as well as any aggregate changes as measured as a percentage of the aggregate claims costs. Provide this information for each of the following categories: hospital inpatient, hospital outpatient (including emergency room), physician and other professional services, prescription drugs from pharmacies, laboratory services (other than hospital inpatient), radiology services (other than hospital inpatient), other (describe).

# See Health and Safety Code section 1385.045(c)(3)(E) and Insurance Code section 10181.45(c)(3)(E)

- General Medical Coverage: Aetna is adding new product solutions to help covered persons in High Deductible Health Plans, (HDHPs) receive routine, non-preventive care with fewer out-of-pocket costs. We are also updating certain cost-sharing and limitation sections. We revised our continuity of care provisions to include maternal mental health for compliance with AB 577.
- **Behavioral Health:** We are updating some of the terminology in our forms to match new clinical and industry standards.
- Infertility: The infertility Glossary term is being expanded.
- **Transplants:** We're adding a new transplant type to our coverage. We are also adding language in the certificate to further clarify member cost-sharing responsibilities. In the schedule of benefits, we are streamlining the cost-sharing column to make it simpler for members to understand.
- **Telemedicine:** In plans including out-of-network coverage, Aetna is making out-of-network telemedicine access a standard benefit, whether or not this coverage is mandated by state law.
- Gene, Cellular and other Innovative Therapies, (GCIT): Aetna is excited to begin to offer access to this new type of medical treatment. We're adding language sections to the certificate and schedule to explain the benefit and cost-sharing.
- **Mail Order Pharmacy:** We're adding a mandatory mail order with an opt-out option to our existing, approved options of voluntary maintenance choice and incentivized mail order language for outpatient prescription drugs.

#### 13)Cost containment and quality improvement efforts

Describe any cost containment and quality improvement efforts since prior year for the same category of health benefit plan. To the extent possible, describe any significant new health care cost containment and quality improvement efforts and provide an estimate of potential savings together with an estimated cost or savings for the projection period. Companies are encouraged to structure their response with reference to the cost containment and quality improvement components of "Attachment 7 to Covered California 2017 Individual Market QHP Issuer Contract:"

- 1.01 Coordination and Cooperation
- 1.02 Ensuring Networks are Based on Value
- 1.03 Demonstrating Action on High Cost Providers
- 1.04 Demonstrating Action on High Cost Pharmaceuticals
- 1.05 Quality Improvement Strategy
- 1.06 Participation in Collaborative Quality Initiatives
- 1.07 Data Exchange with Providers
- 1.08 Data Aggregation across Health Plans

See Health and Safety Code section 1385.045(c)(3)(F) and Insurance Code section 10181.45(c)(3)(F), see also California Health Benefit Exchange, April 7, 2016 Board Meeting materials:

http://board.coveredca.com/meetings/2016/407/2017%20QHP%20Issuer%20Contract Attach ment%207 Individual 4-6-2016 CLEAN.pdf

|   | Cost<br>Containment | Quality |
|---|---------------------|---------|
| Value Based P4P (Integrated Healthcare<br>Association): Applicable to HMO products. Rewards IPAs for<br>cost efficiency and quality.  | Yes                 | Yes     |
| Pay for Performance Program – Physician/Hospital: Rewards physician groups or hospitals for meeting performance metrics based on both efficiency and quality.   | Yes                 | Yes     |
| Patient Centered Medical Home Program: Rewards physician groups for effectively managing the health of a population based on measurement of both cost efficiency and quality metrics.   | Yes                 | Yes     |
| <b>High Performance Network/ACO Program model</b> : Rewards health systems for effectively managing the health of a population based on measurement of both overall medical costs and quality metrics.                            | Yes                 | Yes     |
| Institutes of Quality/Institutes of Excellence – Organ transplant, Bone Marrow Transplant; Bariatric; Orthopedic, Cardiac: Providers are selected for participation in these networks based on volume/outcomes and cost criteria. | Yes                 | Yes     |
| In-Network Behavioral Health Cost/Quality: Focused on managing costs and quality associated with Autism, Substance Abuse and Inpatient Behavioral Health confinement.   | Yes                 | Yes     |
| <b>Health Improvement for High Risk Members</b> : This program identifies members with higher morbidity and engages them with their health care provider through outreach and a health assessment.                                | Yes                 | Yes     |
| Other Cost Containment Initiatives: Aetna defines multiple additional market level and national cost reduction actions annually or more frequently as needed.   | Yes                 | Yes     |

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Describe for each segment the number of products covered by the information that incurred the excise tax paid by the health plan - applicable to year 2020 and later.

# See Health and Safety Code section 1385.045(c)(3)(G) and Insurance Code section 10181.45(c)(3)(G)

| Not applicable |
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- 15)Complete the SB 17 Large Group Prescription Drug Cost Reporting Form to provide the information on covered prescription drugs dispensed at a plan pharmacy, network pharmacy or mail order pharmacy for outpatient use for each of the following:
  - (i) Percent of Premium Attributable to Prescription Drug Costs
  - (ii) Year-Over-Year Increase, as Percentage, in Per Member Per Month, Total Health Plan Spending
  - (iii) Year-Over-Year Increase in Per Member Per Month Costs for Drug Prices Compared to Other Components of Health Care Premium
  - (iv) Specialty Tier Formulary List
  - (v) Percent of Premium Attributable To Drugs Administered in a Doctor's Office, if available
  - (vi) Health Plan/Insurer Use of a Prescription Drug (Pharmacy) Benefit Manager, if any

### Complete SB 17 - Large Group Prescription Drug Cost Reporting Form - Excel

See Health and Safety Code section 1385.045(c)(4)(A), 1385.045(c)(4)(B), 1385.045(c)(4)(C) and Insurance Code section 1385.045(c)(4)(A), 1385.045(c)(4)(B), 1385.045(c)(4)(C)

# 16)Other Comments

| Provide any additional comments on factors that affect rates and the weighted average rate changes included in this filing. |  |  |  |  |  |
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| N/A   |  |  |  |  |  |
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