TELEMEDICINE Safe Steps for Patients

COVID-19 is spurring telemedicine growth. Plan ahead ... stay alert... and be aware of costly scams.



Telemed App

Learn your telemed app or online portal. Test beforehand.



Prescriptions

Have your prescriptions ready, to discuss accurately.



Fishy Charges

Check for bogus charges. Your 30-minute session was billed for an hour?

Verify Coverage

More insurers are covering telemed, but verify coverage before setting your appointment.



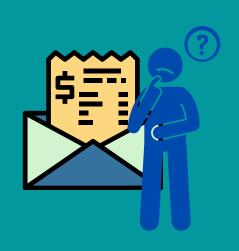
Quiet Area

Set up in a quiet area ... good lighting ... device plugged or charged.



Refuse Strangers

Scammers lure you for a "free" exams by doctors you don't know. They steal your ID and insurance and may falsely bill you too.





CALIFORNIA DEPARTMENT OF INSURANCE

Protect·Preserve·Prevent